

Isa Gucciardi, Ph.D.



ABOUT ISA

Isa holds degrees and certificates in transpersonal psychology, cultural and linguistic anthropology, comparative religion, hypnotherapy, and transformational healing. She has spent over 30 years studying spiritual, therapeutic, and meditative techniques from around the world. She has worked with master teachers of Buddhism, Christianity, Judaism, and Sufism, as well as expert shamanic practitioners from the traditions of Hawaii, indigenous North and South America, Siberia, and Nepal.

Isa is the creator of **Depth Hypnosis**, a groundbreaking therapeutic model that has won rave reviews from psychotherapeutic and spiritual counselors alike. She has published numerous articles, has been featured in several documentaries, and is the author of several books, including the Amazon number one bestseller, *COMING TO PEACE*. Isa is the Founding Director of the Foundation of the Sacred Stream, a non-profit organization and school for consciousness studies. She speaks five languages, and has lived in eleven countries. In addition to directing the Foundation of the Sacred Stream, she teaches and lectures nationally and internationally, and maintains an active counseling practice in San Francisco.



Book

“The essence of resolution lies in the recognition of the deep and unbroken connectedness that we share as human beings.” Isa Gucciardi’s, *COMING TO PEACE*.

COMING TO PEACE reached #1 in Religion and Spirituality on Amazon within the first month of its release in the United States. Its success is due in no small part to the timeliness of the subject matter, popularity of the author, and the support it has received from luminaries in the field of psychology and spirituality.

“What Isa teaches in her remarkable book is a journey of mindfulness and self-acceptance—in short, true self-discovery through the path of compassion.”

- Thupten Jinpa, Ph.D., Principal Translator to H.H. the Dalai Lama and author of *A Fearless Heart*

“Isa’s *Coming to Peace* is just the ticket for these challenging times! It is both easily accessible... and profoundly transforming... I heartily recommend this book.”

- Robert Thurman, Ph.D., Teacher, scholar, and best-selling author of *Infinite Life* and *Inner Revolution*

amazon #1 Best Seller



“Depth Hypnosis is a creative approach that could really help many people with their deeply rooted challenges of self-harshness and lack of adequate self-kindness.”

- Thupten Jinpa, Ph.D., Principal Translator to H.H. the Dalai Lama

RECENT FEATURED APPEARANCES

- Commonwealth Club** San Francisco, CA 2018
- Science and Non-Duality Conference (SAND)** San Jose, CA 2017
- Shamans and Siddhas Retreat with Robert Thurman** 2017
Menla Mountain Retreat, Phoenicia, NY
- Learning from Dying: Buddhist Understandings of Death** 2017
a panel discussion with Robert Thurman, Eve Ekman, and David Bullard. UCSF, Cole Auditorium, San Francisco, CA
- Embracing the Sacred Feminine Retreat with Robert Thurman** 2017
Menla Mountain Retreat, Phoenicia, NY
- Tibet House** New York, NY 2017
- New Dimensions Radio (NPR)** 2017
- UC Berkeley Guest Lecturer** Berkeley, CA 2017
- Buddha at the Gas Pump Podcast** 2017
- Chitheads Podcast** 2017
- IONS Quad Cities** Davenport, Iowa 2017
- A Meeting of the Ways with Diane Solomon Radio Program** 2017
- Compassionate Relationships Panel with Thupten Jinpa, Ph.D.** 2016
Sacred Stream Center, Berkeley, CA

DEPTH HYPNOSIS

Depth Hypnosis is a highly effective therapeutic model that helps people work through issues quickly and gain long-lasting results. A study was conducted in the efficacy of Depth Hypnosis in 2015. The study strongly suggests that it provides expedient and significant shifts in symptoms of depression, anxiety, PTSD, and overall wellbeing.

STREAM OF CONSCIOUSNESS BLOG

<https://sacredstream.org/blog/>

YOUTUBE CHANNEL:

<https://www.youtube.com/user/fndsacredstream/>

SACRED STREAM

Founded in 2002 by Isa Gucciardi and Laura Chandler, the Foundation of the Sacred Stream is a non-profit organization and school for consciousness studies in Berkeley, CA. Thousands of students have studied at the Sacred Stream, and the Sacred Stream Center has been host to many events with artists, teachers, guest speakers, and thought-leaders.

SACRED STREAM VIDEOS: <https://sacredstream.org/videos/>

SACRED STREAM RADIO PODCAST:

<https://sacredstream.org/podcast/>

OTHER BOOKS AND CDs

- Return to the Great Mother
- The 4 Immeasurables Meditations
- Sacred Drums for the Shamanic Journey